

CONWAY COUNTY CENTER



FOR EXCEPTIONAL CHILDREN

*A Place for Infants, Toddlers, and Preschool Aged
Children of All Abilities*

*A NOTE
from our*

Executive Director

**“There are no seven wonders of the world in
the eyes of a child. There are seven million”.**

–Walt Steightiff

*Spring offers many opportunities for wonder. Mud pies, butterflies, and clear,
starry nights give us time to pause and share with children the wonders of
nature, which in turn lays the foundation for scientific discovery. Play is
learning for your child. Let's all take some time this week to feel the breeze on
our toes and look for pictures in the clouds.*

Thank you for sharing your child with us.

–Kara Jones, M.S.E., CCCEC Executive Director

How Can I Help My Child?

Get Muddy with Your Buddy

Play, Explore, Learn Outdoors

*Establish and Maintain a Medical
Home*





GET MUDDY WITH YOUR BUDDY

Mud Stomp

Splash through a puddle. Squish mud through your toes. You know you want to and so will your little one!

Mud Sculpture

Use mud, sticks, stones or leaves from the backyard to make a work of art. Fun for all ages!

Mud Bricks

Use an old ice tray as the mold for making small mud bricks. These are great for small construction projects such as making a home for worms. School age children may enjoy making much larger bricks. They can emboss them with recycled materials, sticks or leaves.

PLAY, EXPLORE, LEARN OUTDOORS

Playing with your children outdoors is not only fun. It's beneficial for both children and parents. Check out these simple ways to interact with your children while outside and see how many additional ways you can think of to help your child learn from the great outdoors.

- Have a picnic! Eat lunch or dinner or a snack in your backyard or in the park.
- Blow dandelion "puffs."
- Plant some seeds and watch them grow.
- Take a flower walk. Look for different colors and shapes.
- Lie on your back in the grass and watch the clouds. Use a pencil and paper to sketch the cloud shapes that you see. What do these shapes remind you of?
- On a rainy day, press your nose to the window and watch the rain. Take a walk during a gentle rain. Splash in puddles.
- Hang wind chimes or a wind sock where you can hear and see it from a window. Listen to the sounds the wind makes. Try to re-create the sounds using household items.
- Hang a bird feeder or put out a bird bath.

*From all of us at Beginnings and Step by Step,
THANK YOU!*

"For in every adult
there dwells the child
that was, and in every
child there lies the
adult that will be."

JOHN CONNOLLY

ESTABLISH AND MAINTAIN A MEDICAL HOME*

Providers in Conway and Perry Counties:

Morrilton Medical Clinic
Boston Mountain Medical Clinic
Baptist Health Family Clinic
Access Medical Clinic
CHI St. Vincent Primary Care
Kwik Care

*Omissions are accidental. CCCEC does not endorse any practitioner or clinic.

If your child does not receive benefits through Medicaid or private insurance, click here for information about [ARKids First](#).